

ES Lesson 0-0001 Prepare Ground Team Individual Equipment Checklist

GTM-3 To pass this requirement, the student must lay out gear, on top of the 8' x 10' shelter material. Items will be laid out in the order listed on the list, in rows from left to right (except for the uniform that the member is wearing). All items will be inspected for presence and serviceability. After initial inspection, the items will be returned to the packs. Field gear will be worn and inspected for proper fit and balance.

GTM-1 & 2 Base gear along with field gear will also be worn and inspected for proper fit and balance.

24 HOUR PACK (Field Pack) Required for GTM-3			
On Your Person			
	Item	Have	Need
	Complete BDU Uniform with BDU cap		
	Notepad and Pencil		
	All CAP identification, including 101 card, First Aid Card		
	Watch		
	Handkerchief or Tissues		
	Vest, reflective, orange		
	Comb or brush (optional, carry if needed)		
	Ground Team Member's Handbook		
	Signal Mirror		
	Whistle		
	Pocket or utility-type knife, multipurpose with can opener		
Day Pack (preferably red or orange) webbed gear			
	First Aid Kit, stored in a zip-lock bag or other waterproof container, consisting of:		
	2 Antiseptic cleansing pads		
	Antiseptic ointment		
	6 Band-Aids, various sizes		
	Moleskin, 2" x 4"		
	Roller bandage		
	2 Safety pins, large		
	4 gauze pads		
	1 Triangular Bandage		
	Tape, first aid		
	Any personal medication (your team leader should know what you have and where you carry it		
	Rubber surgical gloves (two pair minimum		
	Survival Kit, stored in zip-lock bag or other waterproof container, consisting of:		
	Duct tape, 5-10 feet (does not need to be a whole roll)		
	Leaf bag, large		
	12 wooden, waterproofed matches		
	Match container, waterproof, with striking surface		
	1 Chemical Light Stick, Green		
	50' of nylon line (paracord or similar line)		

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24 HOUR PACK (Field Pack) Required for GTM-3 (continued)		
Day Pack (preferably red or orange) webbed gear (continued)		
SAR Equipment, stored in zip-lock bags, consisting of:		
Change of socks		
Flagging Tape, 1 roll		
Flashlight (with red or blue lens), with spare bulb and batteries		
Spare flashlight (penlight will do)		
Insect repellent		
Lip balm, with sunscreen		
Sunscreen lotion		
Tissue Paper		
Work Gloves, leather		
Interviewing forms, blank		
4 moist towelettes, clean, in foil wrapper		
Change for phone calls, calling card, or cellular phone to call mission base		
2 meals		
Shelter Material, preferably 8' x 10' (spare military poncho meets need)		
Coat for appropriate climate, if necessary (in pack if not wearing it)		
Poncho		
Canteen to carry 2 quarts of water		
Compass Pouch, containing compass, lensatic or orienteering, glow in dark dial		

EXTENDED DURATION PACK (Base Pack) Required for GTM-1 & 2		
A backpack (preferably with frame)		
Tent (Optional, if you are sharing a tent with someone else who is carrying it)		
Spare rank and CAP cutouts		
5 meals		
2 Leaf Bags, large		
Bag, waterproof, containing:		
Spare uniform		
3 changes of underwear and socks		
Sleeping pad, foam or inflatable		
Spare boot laces		
Kit, sewing, with spare buttons		
Shoe Shine Kit		
Toilet Kit, that should contain:		
Toothbrush and paste		
Shaving kit (if you shave)		
Deodorant		
Washcloth and soap		
Towel		
Sleeping Bag or bedroll appropriate to climate		

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Optional Items		
Rainwear, durable		
Webbing, nylon, 1" wide, 20' long		
Handheld FM Transceiver		
Water Purification Tablets		
Eye protection (highly recommended)		
Entrenching Tool		